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04 least one stop member.

4. The treadmill according to claim 3, wherein said sleeve includes an outer thread formed thereon and engaged in said deck for solidly securing said sleeve in said deck.

5. The treadmill according to claim 2, wherein said at least one stop member is a barrel including an inner cylindrical member and an outer cylindrical member provided and secured on said inner cylindrical member.

6. The treadmill according to claim 5, wherein said limiting means includes a fastener engaged through said inner cylindrical member of said barrel and secured to said base frame, said outer cylindrical member is made of soft materials to absorb impact loads acting onto said barrels.

7. The treadmill according to claim 6, wherein
said base frame includes at least one extension
03 extended therefrom for supporting said fastener.

8. The treadmill according to claim 1 further comprising at least one casing engaged onto said peripheral portion of said deck, and securing means for securing said at least one casing to said deck and to protect said peripheral portion of said deck.

9. The treadmill according to claim 8, wherein said at least one casing includes at least one channel formed therein and includes at least one flange

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extended inward of said at least one channel thereof,
05 said securing means includes a least one fastener
secured on said peripheral portion of said deck and
slidably received in said at least one channel of said
at least one casing and having a head provided thereon
for engaging with said at least one flange of said at
10 least one casing and for securing said at least one
casing to said peripheral portion of said deck.

10. A treadmill comprising:

a base frame including a pair of transverse
forward and rearward roller assemblies mounted therein,
said base frame including a pair of side beams,

05 an endless belt trained about said forward and
rearward roller assemblies and including an upper run,

a deck including two side portions disposed
between said side beams of said base frame and said
upper run of said belt,

10 said side beams of said deck each including at
least one cushioning member disposed thereon and
engaged with said side portions of said deck to absorb
impact loads imparted on said deck by users, and

limiting means for limiting a relative lateral
15 movement between said deck and said at least one
cushioning member and said base frame.